

La Bandiera

The Banner Newsletter of The Italian Heritage Lodge of Fairfax #2517 Order Sons and Daughters of Italy in America



GIUGNO 2022 MESSAGGIO DELLA PRESIDENTESSA

Welcome!

Is everyone enjoying this hot weather? Summer is here and for the first time in a couple of years, we're going to enjoy it. June is always busy with graduations, weddings, and Father's Day. Thankfully Covid is mostly in the rear-view mirror and we can get back to the lives we once lived. The lodge, while once affected, has for the past year hosted many fun events bringing our members together again.

Our next function is our Bocce Picnic on June 11th, graciously hosted by Eleanor and Dennis Lillo at their home. A BBQ picnic lunch will be offered and we're praying for good weather. The Lillo's have a beautiful garden and competition-size bocce court. Please join us - there is a flyer with details further down in the newsletter.

Our Italian Heritage Lodge is now the only lodge in Northern Virginia. The George Washington Lodge located in Alexandria was dissolved right before the pandemic began. We've recently welcomed quite a few new members. We are forming a Membership Committee to strategize and concentrate on continued growth. If you are interested in serving on this newly formed committee, please reach out to me. Our first meeting will be in July.

See you all at the Bocce Picnic.

Dawn

Carol Goldstone, who has been ill with several recent procedures, is out of the hospital and back at Sunrise Senior Living, 9619 Burke Lake Road, Burke, VA 22015. Keep her in your thoughts and prayers and please send her get well wishes.

Sharon Strauchs' six year old grandson, Hunter, has suffered bodily burns and is being transferred to Washington Hospital Center where the family will know more about his condition. Sharon feels prayers will most certainly help and is very appreciative.

Congratulations To the Schender Family

Roy and Sandy Schender announce the marriage of their son, Nicholas, to his lovely bride, Arya, as she was welcomed into the Schender family on November 17, 2021



ORDER SONS & DAUGHTERS OF ITALY IN AMERICA ITALIAN HERITAGE LODGE #2517 2022-2023 OFFICERS

Nancy Perrelli

Vacant

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703-354-2454 delillo1@verizon.net

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Guard: Vacant

Education Chair: Elisabetta Lazarte

Elisabetta lazarte@gmail.com

Membership Chair: Sharon Peruzzi Strauchs

sharon@tlc-nv.com

Webmaster: Joe La Marca

Joe.lamarca@italianheritagelodge.org

Publicity Chair: Vacant

Lodge Members Serving on the Grand Council of Virginia:

Joseph Scafetta, Jr., Former State President Marianne Hallahan, Trustee John Asiello, Arbitration Committee

IL CALENDARIO

June 2 Festa della Repubblica Italiana



June 8 Lunch Bunch Noon Old Peking

2952 Chain Bridge Road

Unit C, Oakton

June 11 Bocce Picnic* Noon – 4:00 p.m. Home of the Lillo's

5104 Colebrook Place Alexandria, VA 22312

June 12 RAIN DATE for the Bocce Picnic

June 19 BUONA FESTA DEL PAPÀ

June 22 Sellaro Fundraiser On-line

June 29 Happy Hour 5:00 p.m. Señor Tequila's

9959 Main Street, Fairfax

July 3 Independence Day Brunch** 11:00 a.m. – 2:00 p.m. Knights of Columbus Hall

^{**} RSVP to Dawn (<u>falsinotti@yahoo.com</u>) to attend our second annual brunch celebrating the Fourth Of July and America's independence. More details will be forthcoming prior to the event.



JUNE BIRTHDAYS

Sandy Schender June 18 Kerri Farrell June 23 Omero Sabatini June 26

JUNE ANNIVERSARIES

Karen & Russell DeRose

María & Fred Ingham

June 9

Rosemary & Bruno Víaní

June 11

Pam & Ríchard Pasquariello

June 18

Nancy & John Tarlano

June 20

Marilyn Miyasato & Jim Cocco June 20

Judith & Mario Palmiotto

June 28



^{*} RSVP to Dennis and Ellie Lillo for our Bocce Picnic event. Please see the flyer in the newsletter for all details of the return of "Bocce at the Lillo's"

Lodge Business

To all members: At our May meeting, those present voted to amend the following by-laws. Thank you all for reviewing and voting on these changes. Joseph Scafetta, Jr. will send the amendments to the Grand Lodge of Virginia for approval.

Proposed Changes to Internal By-Laws of the Italian Heritage Lodge

Article IV, Section 1, subsection b, currently reads as follows:

"Dues shall be paid annually by the anniversary month of the member's admission to the Lodge."

Proposed amendment with added words being <u>underlined</u>:

"Dues shall be paid annually by <u>January 31 of each year</u>. For new members, dues shall be pro-rated from the anniversary month of the member's admission to the Lodge."

Reason for change:

The Grand Council wants to make uniform the dues structure of all local lodges in Virginia. The other four local lodges require all members to pay their dues by the end of January.

Article VIII, Section 2, second sentence, currently reads as follows:

"For Council meetings, eight (8) elected officers shall constitute a quorum for the transaction of business."

Article VIII, Section 5, subsection b, currently reads as follows:

"A majority of the Executive Council shall constitute a quorum. (8 of 15)"

Proposed amendment with added words being underlined and deleted words stricken out:

Article VIII, Section 2, second sentence, will be deleted in its entirety.

Article VIII, Section 5, subsection b, will be amended to read as follows:

"A majority of the Executive Council shall constitute a quorum. (8 of 15) If the Executive Council has less than 15 elected officers, the quorum shall be a majority thereof. In all cases, the Immediate Past President shall be counted in determining whether a quorum is present."

Reasons for changes:

Article VIII, Section 2, second sentence, and Article VIII, Section 5, subsection b, are inconsistent with each other. The former clearly does not count the IPP in determining the presence of a quorum while the latter implies that the IPP is counted because the IPP is a member of the EC. The second sentence added by this proposed amendment to the latter makes it clear that the IPP counts in determining a quorum. The first added sentence also reduces the number of members required to constitute a quorum of the EC whenever there are less than 15 elected officers.

ITALIAN BINGO NIGHT MAY 14, 2022







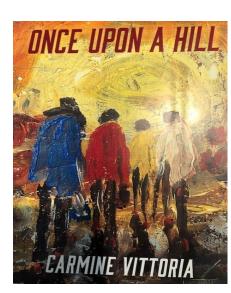


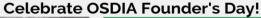
Some of our members may recall our friend, Carmine Vittoria. He gave a presentation to our lodge in 2018 when he published his book *Bitter Chicory To Sweet Espresso*. Sr. Vittoria is also a bocce champion and I remember when he attended one of our most recent "Bocce at the Lillo's" events and gave all of us a lesson in how to play bocce like a champion! Sr. Vittoria recently informed me of his newly published book, *Once Upon A Hill. -cs*

"The book, Once Upon a Hill, may be categorized as a historical fiction. It combines a sentimental story with tales of corruption in Boston politics, Whitey Bulger, the background of the mafia's arrival in the USA and its integration with the general public, intimate details of the lives of two Italian immigrant buddies - one of whom turns to academia and the other to crime........... and eye-opening historical facts that should entice readers to want to flip from page to page. The story is true but a few names are fictional, for obvious

reasons. Names of government officials and some of the mafia members are actual. Specifically, characters like governors, mayors, 9-5 working people, university professors and not so illustrious ones like mafiosi, pimps, drug dealers, Whitey Bulger, mobsters, and etc. are convoluted with the two main characters. In addition, a smorgasbord of social issues, such as the plight of immigrants in general, jitterbugging teenagers era, Cuban refugees, etc., are presented in a very different "light" from other books. The story takes place mostly in the large Italian-American community of the North End, Boston. In reading the book, one may notice a slight tint of the following books: A Tale of Two Cities, Don Camillo, Christ Stopped at Eboli, Cicero, The Italians, Pizza Connection, etc."

The book is available on Amazon.com or Brodart Co or Direct (\$25 check or cash to Purpo, Inc., P.O. Box 490217, Key Biscayne, FL 33149).



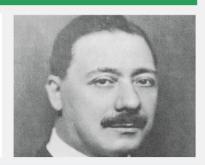
















JUNE 22

A GRASSROOTS FUNDRAISER TO CELEBRATE OUR HERITAGE THROUGH OUR FOUNDER, DR. VINCENZO SELLARO

VISIT: WWW.OSDIA.ORG TO DONATE!

Join us as we celebrate the heritage and history of the Order Sons and Daughters of Italy in America with our first annual **Sellaro Fundraiser**, on our Founder's Day, June 22nd. This one-day, grassroots fundraiser highlights the day in which our founder, Dr. Vincenzo Sellaro, established this great organization. Donations will support our local, Grand and Supreme lodges and continue

Dr. Sellaro's vision and legacy! #SellaroFundraiser

NATIONAL EDUCATION & LEADERSHIP AWARDS GALA

Contributed by Nancy Perrelli, Trustee

The Sons of Italy Foundation, the philanthropic arm of the Order of Sons & Daughters of Italy in America, held its annual National Education & Leadership Awards (NELA) Gala on May 25, 2022 at the Ronald Reagan Building and International Trade Center in Washington, D.C.

The four Italian Americans being honored were:

Rosa DeLauro, Congresswoman (Connecticut), U.S. House of Representatives Lifetime Achievement Award for Public Service

Lidia Matticchio Bastianich, Chef, Author, Restaurateur Lifetime Achievement Award in the International Culinary Arts

Angelo Vivolo, Philanthropist and Entrepreneur Lifetime Achievement Award in Italian American Leadership

Laurie Serricchio Hollander, President & Co-Founder of Help Our Military Heroes Award for Courage and Patriotism.

In addition, scholarships were presented to many high-achieving Italian American students.

Actor Joe Mantegna was the Master of Ceremonies and entertainment was provided by *The Sicilian Tenors* (minus one due to COVID!).

It was a very special evening for my son Tom and me, and an honor to meet OSDIA President Robert Bianchi and the many distinguished guests.

2022 OSDIA NELA GALA











IHL Bocce at the Lillo's

!!!!!!PLEASE CONFIRM ATTENDANCE!!!!!!

When: Saturday, June 11, 2022 (RAIN DATE: Sunday, June 12, 2022)



Where: 5104 Colebrook Place Alexandria, VA 22312

Time: 12:00 PM to 4:00 PM



Hosted by Eleanor and Dennis Lillo

Menu: Grilled Hamburgers and Hot Dogs with all the Fixins, Baked Beans, Potato Salad, and Desserts.

IMPORTANT! Please bring your beverage of choice.
There will be a charge of \$10.00 per person for the barbeque.
Make check payable to IHL and mail to 5104 Colebrook Place,
Alexandria, VA 22312.

<u>IMPORTANT! Please RSVP with number of people attending</u>
<u>by June 6th at email delillo1@verizon.net</u>
<u>Or call at (703) 354-2454</u>

This event is sponsored by the Italian Heritage Lodge of Fairfax for Lodge members and their families.

Come and enjoy the fun!



Tongratulations Joey!

Joseph A. Scafetta, III, son of Joseph A. Scafetta, Jr. and Teresa Scafetta, and most likely our youngest member of the lodge, graduated from Marymount University on May 14, 2022 with a Bachelor of Science degree, majoring in Mathematics and minoring in Information Technology. transition from Corpus Christi Elementary School to Bishop Ireton Catholic High School and then to Marymount University each time saw him achieve a near perfect grade point average and graduating Magna Cum Laude from Bishop Ireton and Cum Laude from Marymount University. He achieved the Dean's List during six semesters before graduating but a surprise awaited Joey and his family on graduation day when Marymount University Math Department made him the recipient of the Academic Excellence Award.

Joey also earned over \$21,000 in academic scholarships, one of which was the Joseph R. Fulton Memorial Scholarship awarded to him by the Virginia OSDIA Foundation in June, 2017. His honors are numerous: National Junior Honor Society, National Honor Society, National Mathematics Honor Society, and Certificates of Outstanding Achievement in Geometry, Chemistry, and Religion.



Joey's academic achievements go far beyond the math books and computer applications, as he spent his entire high school years in volunteer service to Christ House in Alexandria, VA and at the St. Philip's Food Pantry in Falls Church, VA, as well as offering pandemic relief by making 3D printer plastic face masks for health care workers. A member of the Bishop Ireton Computer Gamers Club, the Environmental Club, the Boosters Club, and a Math Symposium presenter during the pandemic, round out his record of extracurricular activities.

Joey, we know that your parents and family are extremely proud of you, as we at the Italian Heritage Lodge are, and we extend our best wishes to you in your future endeavors.

SPRING FLING

To follow up on IHL's *Spring Fling* in April, our members have been having success in growing their herb seeds (parsley and oregano) and will soon be enjoying them in their summer recipes.

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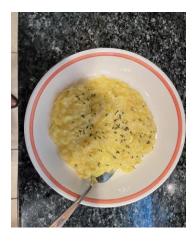


Grazie Vivian e William!

This editor recently overheard a conversation by Mike Gering saying he wished he could learn how to make Risotto. I happily volunteered to give him a lesson and Ellie and Dennis Lillo joined the lesson also. Pictured below are Ellie, Mike and Dennis, who all totally loved making their first Risotto. We all sat down for a taste (even seconds) and great Italian conversation about our families, food and cooking. The Risotto was amazing and we were all greatly impressed. Perfetto!

Dennis said "Enjoyed it. Thanks for introducing us to Risotto." -cs







Risotto alla Milanese

1.2 litres/2 pints/5 cups chicken stock
Good pinch of saffron threads or 1 sachet of saffron powder
75 g/3 oz/6 tbsp butter
1 onion, finely chopped
275 g/10 oz/1½ cups Arborio rice
75 g/3 oz/1 cup grated Parmesan cheese
Salt and freshly ground black pepper

Bring the stock to a boil in a pan, then reduce to a low simmer. Ladle a little stock into a small bowl. Add the saffron threads or powder and leave aside to infuse (steep).

Melt 50 g/2 oz/4 tbsp of the butter in a large saucepan until foaming. Add the onion and cook gently for about 3 minutes, stirring frequently, until softened.

Add the rice. Stir until the grains start to swell and bust, then add a few ladlesful of the stock, the saffron liquid, and salt and pepper to taste. Stir over a low heat until the stock is absorbed. Add the remaining stock, a few ladles at a time, allowing the rice to absorb all the liquid before adding more, and stirring constantly. After 20-25 minutes, the rice should be al dente and the risotto golden yellow, moist and creamy.

Gently stir in about two-thirds of the grated Parmesan and the remaining butter. Heat through until the butter has melted, then taste for seasoning. Transfer the Risotto to a warmed serving bowl or platter and serve hot, with

the remaining grated
Parmesan sprinkled on top.



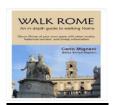
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CARLO AND BETSY MIGNANI have

written a valuable guide to assist tourists who want to explore the Eternal City on their own with historical context and timely information. Available on Amazon, search "Walk Rome Mignani."

www.walk-rome.com



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