



# La Bandiera



*The Banner*  
*Newsletter of*  
*The Italian Heritage Lodge of Fairfax #2517*  
*Order Sons and Daughters of Italy in America*

**OTTOBRE 2022**  
**MESSAGGIO DELLA PRESIDENTESSA**

*Welcome!*

*Summer has slipped away and fall has officially arrived. Cooler temps, gorgeous leaves and pumpkin spice everything (yes, I'm one of those people!). Whether you're loving it or not we've got lots of fun times upcoming.*

*Auguri Giorgia Meloni! Giorgia, leader of the far-right party, Fratelli D'Italia is poised to become the country's first female Prime Minister. She has said that she will represent all Italians and "govern for all". We wish her much success as she navigates Italy through some turbulent times.*

*On October 10, IHL will participate with The National Christopher Columbus Association at their celebration of Columbus Day ceremony to be held at Union Station, Washington, DC. IHL will present a wreath in honor of Columbus. All are welcome to join this ceremony. For further information, please send me an email.*

*On October 15th, IHL will participate in the Manassas Alzheimer's Walk. A short fun walk through the city of Manassas followed up by lunch at Bella Vita. More information is featured in the newsletter.*

*Come and join us on Saturday, October 8 as we celebrate the harvest and Halloween. A menu of Sausage & Peppers, Eggplant Rolatini, Harvest Salad and Antipasto will be served as well as many spooky treats. Wear a costume and get into the spirit of the season. Don't forget, we're collecting food donations for House of Mercy during the months of October and November.*

*Happy Fall, see you soon.*

*Dawn*



*Congratulations to (VP)  
Charlie and Maureen Romano,  
on the birth of their second  
grandchild, Raiya Romano,  
born September 1<sup>st</sup> at 8 lbs.,  
14 oz. to mom and dad,  
Raymond and Azadeh Romano  
and big sister, Ahva.*



**ORDER SONS & DAUGHTERS OF ITALY IN AMERICA  
ITALIAN HERITAGE LODGE #2517  
2022-2023 OFFICERS**

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Loretta D'Amico  
John Dovel  
Nancy Perrelli  
**Vacant**

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**Mistress of Ceremonies:** Sandy Schender

**Guard:** **Vacant**

**Education Chair:** Elisabetta Lazarte  
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**Membership Chair:** Sharon Peruzzi Strauchs  
sharon@tlc-nv.com

**Webmaster:** Joe La Marca  
Joe.lamarca@italianheritagelodge.org

**Publicity Chair:** **Vacant**

**Lodge Members Serving on the Grand Council of Virginia:**

Joseph Scafetta, Jr., Former State President

Marianne Hallahan, Trustee

John Asiello, Arbitration Committee

## IL CALENDARIO

### OCTOBER IS ITALIAN HERITAGE MONTH

October 8	Halloween Party & Open Mic Night*	5:00 p.m.	Knights of Columbus Hall
October 8	House of Mercy Food Pantry Drive		Knights of Columbus Hall
October 10	<i>Christopher Columbus National Holiday</i>		
October 10	National Christopher Columbus Association Ceremony	10:45 a.m.	Columbus Circle, WDC
October 12	Executive Council Meeting	7:00 p.m.	The Esposito's
October 13	Lunch Bunch*	Noon	Chuy's 11219 Lee Hwy, Fairfax
October 15	"2022 Walk To End Alzheimer's"	10:15 a.m.	Harris Pavilion 9201 Center Street, Old Town Manassas
		Noon	Bella Vita Italian Restaurant 9675 Liberia Ave., Manassas
October 15	OSDIA National Town Hall Meeting	Noon	Via Zoom (a link will be sent to all members)
October 20	Happy Hour	5:00 p.m.	P.J. Skidoo's 9908 Fairfax Blvd. Fairfax
November 11	<i>Veterans Day</i>		
November 12	"Living To Be 100" Dinner & Guest Speaker*	5:00 p.m.	Knights of Columbus Hall
November 12	House of Mercy Food Pantry Drive		Knights of Columbus Hall
November 24	<i>Thanksgiving Day</i>		
December 10	<i>Festa di Natale</i>		Knights of Columbus Hall
December 25	<i>Christmas Day</i>		

\* RSVP to Dawn ([falsinotti@yahoo.com](mailto:falsinotti@yahoo.com)) The menu will feature a harvest menu (see President's Message). The cost will be \$12.00. Bring not only your appetites but your talents as this evening will feature open mic. Whatever your music genre is or comic routine (let's keep it classy!) sign up with our Master of Ceremonies Roy if you want to contribute to the fun evening. If you cannot sing or tell funny jokes, try your hand at a scary costume or artfully authentic costume.



## OCTOBER BIRTHDAYS

Laura Asiello	October 6
Paul Alligood	October 13
Dolly Dougherty	October 22
Charles Romano	October 22
Coletta Sciscilo	October 22
William Wiegand	October 22
Joseph Scafetta, III	October 28



## OCTOBER ANNIVERSARIES

Carol Ann & Ken Linder	October 4
Susan & Frank Bonsiero	October 6
June & Joe La Marca	October 6
Angela & Michael Antonelli	October 10
Kathleen & Peter Ognibene	October 10
Laura & David Strong	October 18
Gloria & Art Moscatello	October 22
Christine & Mike Chambers	October 31

### *Your lodge council at work.....*

We are diligently working to create a new Italian Heritage Lodge banner that will update the OSDIA logo and other information. Currently, our committee consists of Joseph Scafetta, Jr., Sandy Schender and Roy Schender with input and oversight by President Dawn along with the other council members. A new layout and design have been approved. We hope to make this a fundraiser to defray the cost of the new banner. Will keep you posted with more details as they become available. We are all looking forward to proudly displaying a new IHL banner very soon.

The Fall season is very quickly approaching and that means the IHL nomination process will begin. Soon our President will delegate a "Nominating Committee" for the purpose of soliciting members who may consider filling open council seats. The process begins in November and carries through February with installation of new officers and trustees in March (2023). Please start thinking about whether you would like to be considered, to use your talents, skills, creativity and contribute in other ways to the success of our lodge.

### *September Spaghetti Dinner.....*

*IHL is appreciative of Joseph and Teresa Scafetta for their introduction of Chad Sarchio, Esquire, who was the guest speaker at our annual Spaghetti Dinner Meet & Greet in September. The evening was quite enjoyable as Chad spoke about his Italian upbringing, "growing up Italian," his family, his military service and career. We are grateful for his contributions to our community and for the generous time he and his wife spent talking with all of us and spending the evening with our lodge sisters and brothers.*

*Much thanks and appreciation also go to all those members who assisted with set up, clean up, preparation, and the delicious meal served during the evening.*





## IHL FUNDRAISER – WALK-A-THON “WALK TO END ALZHEIMERS”

*Our yearly “Walk-A-Thon” fundraiser for charity takes place on Saturday, October 15<sup>th</sup>. In recent years we have been attending the “Walk To End Alzheimer’s” which is one of our charities. The donation form, which was sent to all members recently, is attached to this Newsletter email. The date is Saturday, October 15<sup>th</sup> at 10:15 a.m., Harris Pavilion, 9201 Center Street, Old Town Manassas, so please put this on your calendars. You will have the option to walk one or two miles through historic Old Town Manassas, while being cheered on by enthusiastic volunteers. After our walk, we will have lunch at Bella Vita, 9675 Liberia Avenue, Manassas. If you are unable to walk and just want to join your fellow lodge brothers and sisters for lunch, please do so. If you are unable to attend either event, PLEASE make whatever contribution you can on the form we have provided. All contributions are appreciated. This fundraiser ends towards the end of December, 2022 so you have time to mail in your contribution if you are not attending the Walk on October 15<sup>th</sup>. Please contact Coletta Sciscilo at [colette.sciscilo@gmail.com](mailto:colette.sciscilo@gmail.com) to make your walk and/or lunch reservation by Friday, October 14<sup>th</sup>.*

*In the months of October and November (at our monthly meetings) we will be asking for food donations to assist the “House of Mercy” Food Pantry. Baskets will be set out on October 8<sup>th</sup> so that donations can be collected for this local food pantry.*

*We have done this in the past as we came close to the Thanksgiving season and our members have shown much generosity. Please bring any items that are packaged, canned, or boxed such as soups, rice, pasta, peanut butter & jelly, cereals, etc. No fresh foods, please! If you miss the opportunity in October, we will be collecting again on November 12<sup>th</sup>, just in time for “Thanks-giving.” As IHL resumes events we are grateful for the opportunity to once again assist our community as a fraternal organization.*



*Bentornato a tutti.....*

*For many years, IHL has sponsored an Italian Language Group, meeting on the fourth Saturday of each month for dinner and Italian language conversation. Our meetings were suspended for a while but members are excited to finally start back. Our next group meeting will be Saturday, January 28<sup>th</sup> at 6:00 pm. (the location will be forthcoming). Please stay tuned for more information. In the meantime, please contact Dennis Ferrara at [dennisferrara@hey.com](mailto:dennisferrara@hey.com) if you are interested in joining this very fun group.*

*È un  
piacere  
conoscerti  
professore.*

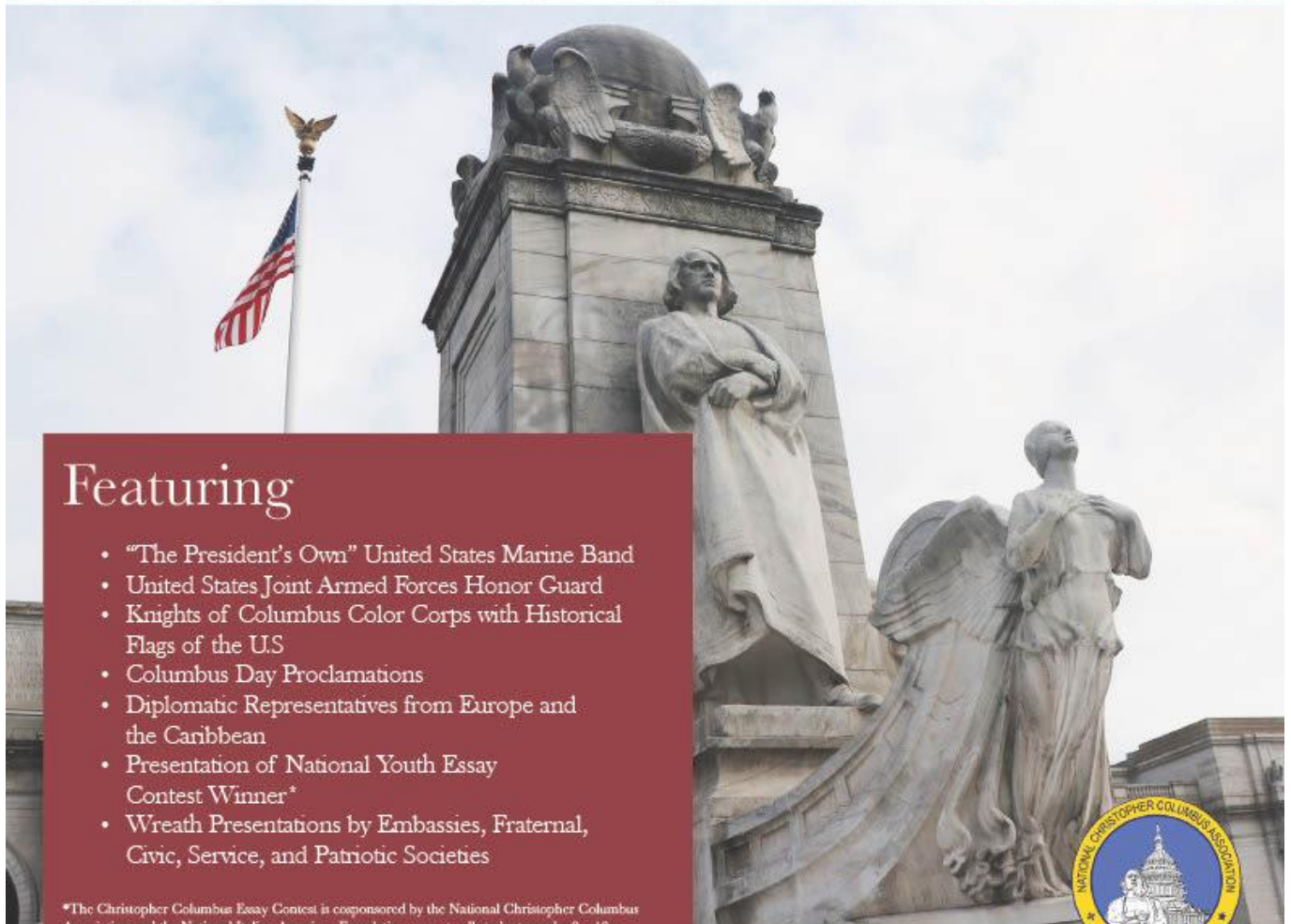
*Quanto  
costa  
quel  
panino?*

# National Columbus Day Ceremony

Monday, October 10, 2022

*Musical prelude begins at 10:45 a.m.*

*Ceremony begins at 11 a.m.*



## Featuring

- "The President's Own" United States Marine Band
- United States Joint Armed Forces Honor Guard
- Knights of Columbus Color Corps with Historical Flags of the U.S.
- Columbus Day Proclamations
- Diplomatic Representatives from Europe and the Caribbean
- Presentation of National Youth Essay Contest Winner\*
- Wreath Presentations by Embassies, Fraternal, Civic, Service, and Patriotic Societies

\*The Christopher Columbus Essay Contest is cosponsored by the National Christopher Columbus Association and the National Italian American Foundation; open to all students grades 9 - 12.

Columbus Plaza, Union Station, Washington, DC

[www.christophercolumbus.org](http://www.christophercolumbus.org)

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Join Today!

## Living to be 100, or 104 like Joe Rollino did

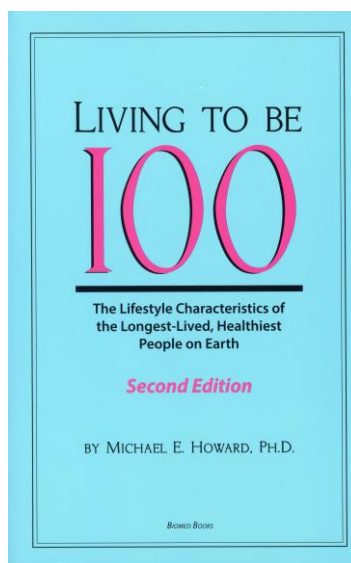
Our guest speaker for Saturday, November 12, will be John Michael Howard, a native of Texas. His father is Michael Howard. His paternal grandmother was Susan Tarantino. John earned a Bachelor of Arts degree in psychology from the University of Dallas in 2016 and a Master of Arts degree in clinical counseling from Marymount University in Arlington, Virginia, in 2021. He currently works as a counselor in Arlington and resides in Northeast Washington, D.C.

He will to speak to us first about Joe Rollino, a strong man and a vegetarian, who lived to be 104. He will then talk to us about the book, “Living to be 100”, published by Biomed Books in Concord, California, in 2018, and written by Dr. Michael E. Howard who teaches psychology at Texas State University in San Marcos, Texas.



In regard to the book, he will first define ten terms used in the health science field. He will then make five points about aging. He will follow up by briefly discussing the five zones where there is a very high occurrence of centenarians. Next, he will identify 16 life style characteristics of centenarians. Lastly, he will conclude by informing you how to purchase the book for which he receives no commission.

The total length of his talk will be 20 to 25 minutes, followed by a question and answer period.





**Our members traveled far and wide this year and here are some of their memories to share with our lodge.....**



Peter & Kathleen Ognibene – A June family wedding in Toronto!



Brian & Sloan's Engagement Party – Birmingham, AL



The Ferraras: Dennis, June & family “a pranzo” at an agriturismo in Umbria near Perugia.



June & Dennis – a selfie at Civita di Bagnoregio, Italy



Cape Cod, MA – Dawn & Francesco Falsinotti



Mackinac Island, Michigan – Pam Pasquariello



Mount Rushmore – Ellie & Dennis Lillo



Bodie Island Lighthouse, NC – Mac, Mitch, Kerri & Jack Farrell



Trail riding in Yellowstone National Park – The Lillos



Bryce Canyon National Park, Utah – LeAnn Strang



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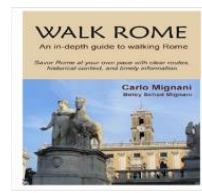
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